Spinach Cornbread

1 (8 1/2ounce) box Jiffy cornbread mix 1 (10 ounce) package frozen spinach (thaw and squeeze out juice) 4 eggs 6 ounces cottage cheese 1 onion (finely chopped) \*optional (I do not use onions !) 1/3 cup melted butter 1/2 teaspoon salt

DIRECTIONS Mix all ingredients together. Pour into greased baking 9×9" baking pan, or any other pan to a depth of no more than 11/2". (I cook this in a greased 9" cast-iron skillet). Bake at 375 deg F. for 30-45 min, until a knife stuck into the center comes out cleanly.